



Prep Time: 20 Minutes

Freeze: 4 Hours

Total Time: 4 Hours and 20 Minutes

Recipe:

- 2 Cups of Vanilla Yogurt
- ¼ Cup of Frozen or Fresh Blackberries
- ¼ Cup of Frozen or Fresh Blueberries
- ¼ Cup of Frozen or Fresh Strawberries
- 1 Cup of Strawberry Yogurt

Directions:

1. Blend 1 Cup of Vanilla Yogurt with the $\frac{1}{4}$ Cup of Blackberries.



2. Spoon 1 Tablespoon of the Blended Blackberry Yogurt into the Popsicle Molds.



3. Mix in $\frac{1}{4}$ Cup of Blue Berries and $\frac{1}{4}$ Cup of Raspberries into 1 Cup of Vanilla Yogurt.



4. Spoon 1 Tablespoon of the Mixed Blueberry and Raspberry Yogurt into the Popsicle Molds.



5. Spoon in 1 Tablespoon of Strawberry Yogurt into the Popsicle Molds.



6. Insert Popsicle Sticks into Yogurt Molds.

7. Place 4th of July Yogurt Popsicles into Freezer for at least 4 Hours.



8. Run Popsicles Under Hot Water to Loosen the Popsicles from the Molds.



9. Serve and Enjoy!

